

EPWORTH WORSHIP TOGETHER,



This week's big idea

Lent.

Showing
your inner
strength.



Then Jesus was led by the Spirit into the wilderness to be tempted[a] by the devil. After fasting forty days and forty nights, he was hungry. The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

Bible verse of the week

Exploring further

Check out the history of Pancake day. Look at different traditions in your area, in the UK and around the world.

Discover the meaning of the term 'shrove'.

Work out why Shrove Tuesday is on a different date each year.



Prayer of the week

Dear God

We understand that there are times when we may feel tempted.

Give us the strength to resist temptation.

Help us to be grateful for the luxuries we enjoy and to find ways to help those who are less fortunate.

Amen.



This week's worship song

The world is My Parish

[https://
www.methodistschools.org.uk/
about-us/the-world-is-my-
parish-conference-song](https://www.methodistschools.org.uk/about-us/the-world-is-my-parish-conference-song)



This week's activity



Make or draw a simple cross to remind us of the start of Lent.



Explore further at home



With your family, make pancakes. See if you can invent a new topping. Or maybe keep it simple and healthy?



Quote of the week

Our greatest glory is not in never failing, but rising every time we fall.

Nelson Mandela

Picture of the week

