

EPWORTH WORSHIP

TOGETHER,



This week's big idea
Week 1—Trust Value

ASPIRATION



'But Jesus beheld them and said unto them, with men this is impossible: but with God ALL things are possible.'
Matthew 19:26

Bible verse of the week

Exploring further

What are some of your biggest dreams or goals? Why are they important to you?

Who inspires you to reach for your dreams, and why?

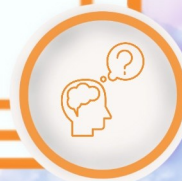
What would you say to a friend who feels like their dreams are too hard to achieve?

What does the story of David and Goliath teach us about facing our fears?

What "giants" or big challenges do you face in your life? How can you overcome them?

What can we learn from David about not giving up, even when something seems impossible?

Who are some people in your life that you can turn to for help or support, like David turned to God?



Prayer of the week

Dear God,

Thank you for the story of David and Goliath which reminds us that we can achieve great things when we aspire to them and trust in You.

Help us to aim high, dream big, and work hard to reach our goals. Give us courage when we face challenges and remind us that You are always with us.

Amen.



This week's worship song

King of Me by Rend Collective Kids.

<https://www.youtube.com/watch?v=F9zWwItpMOc>



This week's activity



Watch the video:

<https://youtu.be/aHk01CiK9s>

And listen to the worship song

<https://www.youtube.com/watch?v=F9zWwItpMOc>

Discuss the questions in 'Exploring Further'.

In your floor book, create a **Goal-Setting Poster**: Create a poster that outlines one or more of your personal goals (in or out of school). Write the goal in the centre and surround it with steps you need to take to achieve it, along with drawings or decorations that represent your journey.

Explore further at home



"My Future Self" Self-Portrait:

Activity: Draw or paint a picture of yourself in the future, achieving your dreams. Add in details like what you're wearing, where you are, and what you're doing. Be creative and think big!

"Courage" Stones:

Activity: Create decorated stones to symbolise courage, like the one David used.

Materials Needed:

- Smooth stones
- Paints or markers
- Paintbrushes

Instructions:

Clean and dry the stones.

Paint or draw inspirational words, symbols, or designs related to courage or aspiration on the stones. Display at home.



Quote of the week



Picture of the week

