# EPWORTH WORSHIP TOGETHER,



## This week's big idea



Week four: Courage Be strong and courageous. Do not be afraid; do not be discouraged, for the LOrd your God will be with you wherever you go."

Joshua 1:9

Bible verse of the week



What does courage mean to you? How can you show courage in your life? How can you be courageous at school? Remember that courage is not the absence of fear, but overcoming a fear—this could be trying something new for the first time. Can you show resilience and not give up when it is difficult?

# Exploring further

# Prayer of the week

Dear God, Thank you that You promise to go before me and always be with me. I know that You will help me to be strong and courageous, even when I'm scared. Please help me to remember that and help me to have courage. Amen

#### This week's worship song

#### If I were a butterfly

https://www.youtube.com/watch?v=0sUPK7LqAj8

#### **Explore further at home**

Courage is about being being brave, but also about being resilient and not giving up. You have two challenges for this week:

- Try to learn a new skill that you can show your teacher.
- Make a list of things you want to achieve and how you will do this.

Quote of the week

I learned that **courage** was not the absence of fear, but the **triumph** over it. The **brave** man is not he who does not feel afraid, but he who **conquers that fear.** 



This week's activity

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Discuss the questions from 'Exploring further'

Using post-it notes, write down two things:

- A time when you have shown courage in your actions.
- Something you are going to aim to achieve in your learning through showing courage and resilience.

Place these post-it notes into your floor books

### Picture of the week

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