

EPWORTH WORSHIP TOGETHER,



This week's big idea
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You, Lord, give perfect peace to
those who keep their purpose
firm and put their trust in you
Isaiah 26: 3-4

Bible verse of the week



Peace is a state of mind

How do you find peace? What makes you feel happy and calm?

How can you help others to find peace in their daily lives?

**Exploring
further**



Prayer of the week

Dear God,

Leader of heaven, uphold the holiness of they name. Forgive us for
the ways we have wronged you. Show me the good things I often
overlook. Forgive me when I compare myself to others.

Amen



This week's worship song

One thing remains- Jesus Culture

<https://www.youtube.com/watch?v=6 KXsMCJgBQ>

Peace -We the kingdom

<https://www.youtube.com/watch?v=uW6xcmqfiY4>



EPWORTH
EDUCATION TRUST



This week's activity

People find peace in lots of different ways why nit try:

Reading your favourite book

Listening to some music

Taking some deep breaths

Saying a prayer

Meditate

Exercise

Explore further at home

Activity 91

PRAYER CANDLES

Aim To support prayer through making and using prayer candles.

You will need A medium sized pan, scissors, pre-waxed candle wicks, candle fragrances, candle dye glue dots, wooden wick centring sticks, tin or glass containers for your candle, a thermometer and a metal pouring pot.

Making your own prayer candle is very special and personal to you. You can buy all the equipment separately or in a kit. This activity **MUST** be carried out with an adult. First put a glue dot on the bottom of the wick and place in the centre inside the tin. Then centre the wick using the wooden centring stick. Fill the medium pan 1/3 full with water and place on the cooker. Place the wax into the metal jug and then place the jug into the water in the pan. This is known as a double boiler. Monitor the wax as it melts with the thermometer. When all the wax has melted and reached 85°C, remove the pouring jug from the water and allow to cool to 80°C, then add the colour dye of your choice. Once the wax has cooled to 75°C add the fragrance of your choice. The amount of dye and fragrance depends on the intensity of colour and fragrance you like. Mix thoroughly and pour into your candle tin. Allow your candle to cool overnight. Trim the wick and you are ready to use your prayer candle. Sit quietly, enjoying the smells and colour of your candle. Take time to talk to God about anything that comes into your mind: someone, a situation that worrying or something to give thanks for.

ALWAYS use a candle with an adult and never leave it burning.



Quote of the week

LIFE ISN'T ABOUT WAITING
for the storm to pass,
IT'S ABOUT LEARNING
how to dance in the rain



Picture of the week

